

# A Passion for Healing

An Interview with Martin Brofman, PhD  
by Susan Flores

*What drives you to teach healing?*

While having to heal myself of terminal cancer in 1976, I discovered that the exploration of consciousness was much more interesting than designing computer systems on Wall Street, so I moved into the field with enthusiasm. At first, I was just sharing my experience with others to give them a sense of what they could also do—but then the flow moved more into the area of healing others and teaching them to do the same thing. I discovered how easy it was to do that. I would say something is driving me from a deep place, with a feeling that this is what I am here for—and it leaves me with an immense sense of satisfaction.

*What healing experience changed your life?*

It was having to heal myself of a spinal cord tumor that doctors had decided was untreatable. I had been given one or two months to live. I went inside, explored my consciousness, and looked at all the ways I had created the tumor so that I could create something different. I worked on myself using inner tools, and afterwards, the doctors decided they must have made a mistake. This experience opened my eyes to the spiritual world. It was certainly a life-changing experience—a major lifestyle change, an enormous transformation.

*You developed the Body Mirror System of Healing. What is the premise of this approach?*

The first basic premise is that everything begins in the consciousness. Symptoms on the physical level reflect tensions in the consciousness relevant to something happening in a person's life at the time the symptom appeared or was discovered.

Because specific physical symptoms are related to specific tensions in the consciousness, we are able to read the body as a map of the consciousness within, enabling us to discover the inner cause of the symptom.

The key to reading the body as a map of the consciousness is understanding the energy centers known as chakras. Each chakra is associated with specific parts of the consciousness and specific parts of the physical body.

Since we each have the power to decide what we think and what we feel, we have the ability to release the inner tensions and their associated effects.

We believe that no matter what the symptom, somewhere in the world someone has succeeded in being healed of that symptom, one way or another, so we understand that the potential exists to heal anything.

One way we believe the symptoms can be released is by working with energy, and seeing ourselves as an individual energy system.

We believe that anyone can learn to feel and direct energy, and therefore function in a way that allows us to release the tensions in ourselves or in others (when they are open to this energy), leaving the door open to the possibility that we are all healers, and that anything can be healed.

It's about taking responsibility for having created the physical symptom so that we can put ourselves in the driver's seat. As a result, we create the possibility to do something about it, and return to our natural state of health.

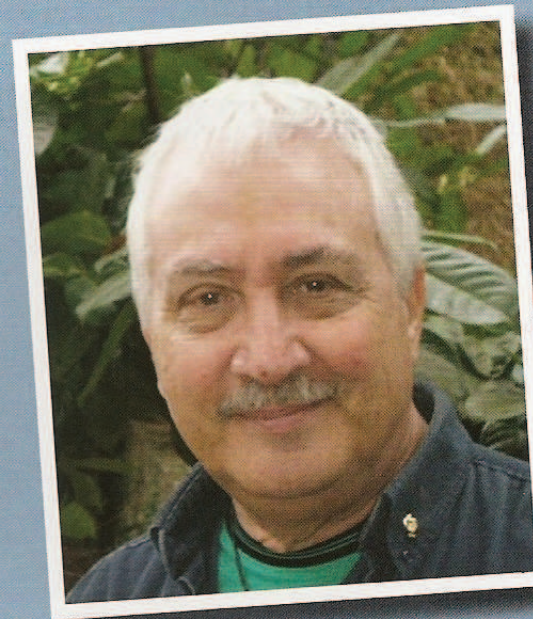


Photo courtesy of Martin Brofman

*How do you empower people to self-heal?*

Well, we really just remind people of the power they have always had—the power to be themselves, to change their minds, to use the tools that can allow them to release symptoms by understanding they are an energy system, rather than just a collection of organs.

*What led you to promote healing here in Europe?*

We can say that the path just opened up for me here. I was invited to Switzerland in 1980 by Dr. Tal Schaller to take part in a healing congress, and from there, the doors just kept opening. It became clear that I am supposed to be here, doing what I do, and teaching others to do the same. ♦

*As part of the AIWC's Spring Back to Life Workshops, Martin Brofman will be holding several workshops on Thursday, April 19, 2012 at 14:45, on Friday, April 20 at 15:00 and at 16:30; forum speaker on Thursday, April 19 at 13:00, in the AIWC clubrooms.*